



Screen time

Have your child/ren been watching too much TV? Playing on the computer for too long? Not going to bed on time because of an iPad or iPhone? Read more to find out how you



these reason why



The reason I have done this survey is so I can find out how much screen time children have, as Students from my class have not been doing homework and been playing or watching screens. So we would like to know how much screen time on average kids from year 3 watch.

Some kids are watching up to 4 hours per week of television, playing video games for up to 7 hours per week, using a computing for up to an hour and using I-pads or I-phones for up to 3 hours all whilst they should be completing homework.

Student's are also not going to be on time due to their use of these items, which is causing them to be tired and not be able to focus on their work during the school day.

Another problem is that kids are not exercising enough or spending enough time outside playing. This is causing health problems in children. scientists say children should have 1-2 hours of screen time at the most per day